

Will I be discharged from the PNS team?

If the PNS considers discharging you they will discuss and plan this with you.

This will happen when:

- You move out of the area.
- You decline support from the PNS team.

Can this support be recommenced?

Yes it can. If you change your mind about accepting support or your symptoms become difficult to manage, the PNS can see you again.

This usually requires your GP or community nurse to re-refer you to the service and give details of the changes in your circumstances.

How do I access PNS support if I move out of the area they cover?

There are PNS teams in other areas. Your GP will have the necessary details to refer you.

How do I access other services?

If you want information on what other support you may find helpful you can ask your PNS, your community nurse or GP.

CONTACT DETAILS

**PARKINSON'S SPECIALIST
NURSES**

Name: LYNNE HARRISON

Mobile Tel no: 07741455042

Name: KELLY JAMES

Mobile Tel No: 07465407921

Jill Threlfall

Administration support

01282 644233

When no one is able to take your call please leave a message on their voicemail.

Working days are normally Monday to Friday.

Weekends and Bank Holidays are not covered.

IF YOU ARE EVER ADMITTED TO HOSPITAL, PLEASE ENSURE THE SERVICE IS INFORMED SO YOU CAN BE SEEN ON THE WARD

**EAST
LANCASHIRE
PARKINSON'S
COMMUNITY
NURSE
SPECIALIST
INFORMATION
LEAFLET**

**ALSO SUPPORTING
PATIENTS WITH
PROGRESSIVE SUPRA
NUCLEAR PALSY,
MULTIPLE SYSTEM
ATROPHY AND
CORTICO BASAL
DEGENERATION**

How can I access the Nurse Specialist?

Any Health Care Professional can refer into the service. A referral form will need to be completed and additional information to support the referral provided.

How can a Nurse Specialist help?

The Parkinson's Nurse Specialist (PNS) will help to support you and your family through complex problems that are related to your illness. They are nurses with additional knowledge and skills.

The focus is to control symptoms of the condition rather than to cure it.

Some symptoms may need careful management and monitoring and may be complex.

They work closely with GP's, community nurse teams and care agencies who may be involved in supporting you. They advise on symptom management and provide support with physical, emotional or social issues.

They are one of a number of services which you may find helpful at different times to suit your needs and those of your family.

What happens once I have been referred to the service?

The Parkinson's Specialist Nurse (PNS) will then contact you to arrange an appointment in clinic or to visit you in your own home to assess your needs. They work with you and the care team to plan how you can be helped and supported

Support could include assessing how your symptoms affect you, reviewing your medication and planning with you what options and choices you have.

The PNS may support you indirectly by advising your care team or to signpost you to services which may be of help to you.

Will they discuss my care with other people?

You will be asked for your permission to share necessary information which is relevant to other professionals or family who support you.

Care is always in conjunction with other professionals. This includes your GP, community nurse and Consultant. These close links enhance the co-ordination of care to ensure help and support at the right times for you.

Information sharing will be explained to you and your permission gained before information is shared.

Any personal information taken at assessment, reviews, or over the telephone are recorded and held in individual files.

These files when not with the patient are stored in a locked filing cabinet, within a locked office.

When these files are used In conjunction with a visit, they are held in a secure work bag.